Contributors

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Mark Cropley is a reader in Health Psychology at the University of Surrey, UK. He conducts research in the area of occupational health and he is particularly interested in how people unwind and switch off from the effects of work during their leisure time. He frequently runs workshops to help workers recover and unwind from their work, and in 2008 he organized the first international workshop on ‘Recovery from Work’. The workshop attracted academics from across Europe and the USA.

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**Sharon Grant** is a senior lecturer in Psychology in the Faculty of Higher Education at Swinburne University of Technology, Melbourne, Australia. She has been conducting research on occupational stress for more than a decade. Her PhD focused on a longitudinal study of occupational stress in retail managers in department stores across Australia, and she has published on topics including personality (Big Five traits) and the occupational stressor–strain relationship; occupational stress and workplace deviance; adaptive and maladaptive managerial styles; and sources of stress in entrepreneurs. Sharon is currently validating a new measure of sources of stress in owner–managers.

**Janice Halpern** is a psychiatrist and psychoanalyst in Toronto, Canada, where she is affiliated with Mount Sinai Hospital and the Centre for Addiction and Mental Health, and is an assistant professor in the Department of Psychiatry at the University of Toronto. Her studies on critical incident stress in the paramedic population have been published in international journals. She has also presented her findings at Canadian and international conferences dedicated to issues of trauma and workplace stress. As consultant to the Emergency Management Unit of the Ontario government, she advised on stress in healthcare workers.

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Eriko Kanazawa completed her undergraduate and postgraduate studies at the Musashino Academy of Music, Japan. Currently she is a professional concert pianist and also a piano teacher at the music school affiliated to the Musashino Academy of Music. She has been Michiko Yoshie’s main research collaborator since 2004, and, with her, conducted a questionnaire survey involving 300 Japanese musicians in 2009. She has performed with world-class musicians such as Berlin State Opera soprano Ji-Young Jun and Mihail Jora Philharmonic Orchestra. Her solo recital series, ‘Requiem for the future’, has been highly regarded in Japan.

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Birgitta Kinnunen, MSc and researcher, has been working at the Finnish Institute of Occupational Health (FIOH) in the National Centre for Agricultural Health since 1999. She has published peer-reviewed articles about farmers joining occupational health services, maintenance of work ability in farmers’ occupational health services, and, in Finnish, an article about farmers’ occupational health services. She has 60 other publications, mainly in Finnish. In FIOH she is helping to develop the content of farmers’ occupational health services; material for first aid readiness in farms; material and guidelines for well-being and maintenance of work ability among farmers.

Agnieszka Kosny has a PhD in Public Health from the University of Toronto. She has conducted research examining working conditions and ‘risk’ in nonprofit organizations (NPOs). Dr Kosny has also examined provincial workers’ compensation and occupational health and safety legislation, and how well it is suited to protect the health of and provide compensation to workers in NPOs. This research uncovered that legislation does not always apply to workers in NPOs or to the organizational configurations found in this sector. Dr Kosny is currently working as a scientist at the Institute for Work and Health in Toronto, Canada.

Kazutoshi Kudo received his PhD in Life Sciences from the University of Tokyo in 1998. He was a visiting researcher at the Center for the Ecological Study of Perception and Action in the University of Connecticut from 2002 to 2003. He is currently an assistant professor in the Graduate School of Arts and Sciences, the University of Tokyo. His research interests are in skilled motor control and psychophysiological mechanisms to achieve the best performance possible under variable environments, including highly stressful conditions. He is studying the complex (i.e. nonlinear) relationships among
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Chris Kyriacou holds a personal chair in educational psychology at the University of York, Department of Education, UK. His first degree was in Psychology, which was followed by a period of teaching mathematics in secondary schools in London. He then completed a PhD on Teacher Stress at the University of Cambridge in 1979. He has published extensively on this topic, including a widely cited book, *Stress-busting for Teachers* (Cheltenham: Nelson Thornes, 2000). He has also conducted workshops on coping with stress in schools. His current research interests are focused on how teachers can develop skills and working practices that will enhance their ability to deal with stress.

Janice Langan-Fox is an organizational psychologist and Professor of Management at Swinburne University, Melbourne, Australia. After ten years in industry, Janice completed a BEd at the University of East Anglia and taught in East Anglian schools. She then completed an MPhil at Nottingham University. After returning to Australia she taught in universities while completing her PhD at the University of Melbourne. Later, she was on the university staff for 15 years. Since 2005 Janice has been a research professor at Swinburne, where she has held executive roles including Head of Group. Janice’s research lies in health and human factors and human resource management; she has more than 130 publications and has received numerous National Competitive Grants. Currently she leads an Australian Research Council team investigating hospital adverse events.

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**Samantha Phillips** qualified from University College London in 1989 with an intercalated BSc (History of Medicine) MBBS. She undertook junior hospital jobs in South Africa and Ireland before settling in Canada for five years. She then worked as a remote, rural GP and medical officer of a small hospital on Fogo Island off the coast of Newfoundland. On return to the UK she started work in the occupational medicine field and qualified as a consultant in July 2007. Her MSc in Occupational Medicine in 2006 studied prevalence, sources and outcomes of stress in head teachers. Her current work involves occupational medicine advice to a number of different organizations, including schools and universities.

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Cheryl Regehr is the Vice-Provost of Academic Programs for the University of Toronto, Canada. Former Dean of Social Work, she is a professor in the Factor-Inwentash Faculty of Social Work, the Faculty of Law, and the Institute for Medical Sciences at University of Toronto. Dr Regehr’s practice background includes over 20 years of direct service in forensic social work, and emergency mental health and in the administration of mental health programmes. Her programme of research and scholarly writing includes: competency and decision-making in professional practice; trauma and recovery in emergency service workers; and the interface of law and mental health.

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Gun Roos is a senior researcher at the National Institute for Consumer Research in Norway, where she is involved in research on food, nutrition and health. She holds a master’s degree in Nutrition from the University of Helsinki and a PhD in Nutritional Anthropology from the University of Kentucky. Earlier projects include studies of inequalities in food habits in Europe; men, occupation and health lifestyles; and children, food and gender.

Victor Ruiz is a sociologist working at the Instituto Tecnológico de Santo Domingo (INTEC), Dominican Republic. He has been carrying out sociological work on the fisheries of the Dominican Republic as well the national marine parks located in the south of the country. He has been involved in the EU-funded project ECOST, for which he has gathered extensive data.
Dil Sen is an accredited specialist in Occupational Medicine, and a fellow of the Faculty of Occupational Medicine, UK; he also received the Fellowship of the Royal College of Physicians, London, in 2010. As Principal Medical Inspector of the Health & Safety Executive (HSE), he holds the technical lead in occupational medicine in HSE. A graduate of Newcastle-upon-Tyne (1980), he joined the HSE some 18 years ago. He is an honorary senior lecturer in the Centre for Occupational & Environmental Health, University of Manchester, and is actively involved in the teaching of undergraduate medical students and occupational physicians-in-training and research.

Ahti Simola (PhD in Organizational Psychology and MBA) is a senior psychologist and special psychologist in psychotherapy. He has worked as an organizational development consultant, a lecturer on work psychology, and a research scientist at the Finnish Institute of Occupational Health since 1990, and has taught in the AVANCE MBA education programme at the University of Jyväskylä since 1986. He has published several peer-reviewed scientific articles and other publications concerning organizational psychology and the well-being of farmers, mainly in Finnish.

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Vedran Vranic is a graduate of Swinburne University of Technology, where he completed a degree in Business, majoring in Management and Marketing, with a minor in Business Law. He has contributed to and co-authored book chapters, papers and journal articles. Vedran expects to continue research through a PhD in management.
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Michiko Yoshie, Department of Life Sciences, University of Tokyo, Japan, is studying music performance anxiety and occupational stress among musicians as a research fellow of the Japan Society for the Promotion of Science at the University of Tokyo, and also as a visiting research fellow at the Clinical Imaging Sciences Centre, Brighton and Sussex Medical School (BSMS), University of Sussex, UK. She is using mainly questionnaires, physiological measurements (electrocardiography, electromyography, electroencephalography and neuroendocrine measurements) and functional neuroimaging to elucidate the neural/psychophysiological mechanisms underlying the impairment of fine motor function caused by music performance anxiety. She is also studying the relationship between occupational stress and playing-related musculoskeletal disorders in musicians.

Fred R.H. Zijlstra is Professor of Work and Organizational Psychology at Maastricht University, the Netherlands. Before this he was a professor at the University of Surrey, Guildford, UK. In this period he was editor-in-chief of the European Journal of Work & Organizational Psychology, and the general project manager of an EU-funded international research project on ‘Return-to-work after long-term absence’ (stress impact). Current research projects focus on cognitive elements of work behaviour, such as ‘strategies to recover from strain and fatigue’; ‘team cognitions’, such as ‘shared mental models’; and experimental work such as the effects of interruptions during work.