
Contents

<i>List of figures</i>	vii
<i>List of tables</i>	viii
<i>List of contributors</i>	ix
PART I INTRODUCTION	
1	Introducing the collection <i>Silvia Pignata</i> 2
2	Increasing well-being of workers in the public sector: research and practice 4 <i>Ronald J. Burke</i>
3	Trade unions and stress at work: the evolving responses and politics of health and safety strategies in the case of the United Kingdom 15 <i>Miguel Martínez Lucio</i>
4	Psychosocial factors and worker health: comparisons between private and public sectors in Australia 33 <i>Tessa S. Bailey, Mikaela S. Owen and Maureen F. Dollard</i>
PART II STRESS AND WELL-BEING IN VARIOUS PUBLIC SECTOR OCCUPATIONS	
5	Stress and well-being of first responders 58 <i>Dessa Bergen-Cico, Pruthvi Kilaru, Rachael Rizzo and Patricia Buore</i>
6	Managing boredom and motivation: the unusual case of stress in firefighting 74 <i>Maude Villeneuve, Pierre-Sébastien Fournier and Caroline Biron</i>
7	Nurses' experiences of workplace mistreatment 88 <i>Zhiqing E. Zhou, Xin Xuan Che and Wiston A. Rodriguez</i>
8	Emotions in nursing 106 <i>Gillian Lewis and Neal M. Ashkanasy</i>
9	The impact of emotional intelligence on daily work life 122 <i>Keri A. Pekaar, Arnold B. Bakker, Dimitri van der Linden and Marise Ph. Born</i>

10	Stress and well-being in prison officers <i>Andrew J. Clements, Gail Kinman and Jacqui Hart</i>	137
11	Well-being in academic employees – a benchmarking approach <i>Gail Kinman and Siobhan Wray</i>	152
12	Stress, well-being and aging in the Italian banking sector: evidence and future perspectives <i>Gabriele Giorgi, Giulio Arcangeli, Jose M. Leon-Perez, Massimo Fioriti, Eleonora Tommasi and Nicola Mucci</i>	167
PART III CASE STUDIES OF EFFORTS TO BRING ABOUT ORGANIZATIONAL CHANGE		
13	Applications of psychological capital in the public sector <i>Carolyn M. Youssef-Morgan, Barbara L. Ahrens, Kristi Bockorny, Lanell Craig and Matthew Peters</i>	182
14	The benefits of individual proactive and adaptive performance: an organizational learning perspective <i>Mindy Shoss, Clair Kueny and Dustin K. Jundt</i>	200
15	Building a health and safety culture: actions, commitment, and perceptions <i>Sybil Geldart and Christine Alksnis</i>	216
16	An organizational perspective on well-being in the health sector: a focus on leadership, systems, and culture <i>Peter Spurgeon</i>	232
PART IV ORGANIZATIONAL INITIATIVES AND CHANGING WORKPLACE ENVIRONMENTS		
17	Developing nurse leaders for well-being and performance <i>Margaret M. Hopkins and Deborah A. O'Neil</i>	248
18	Introducing a National Well-being Service for emergency responders in the United Kingdom <i>Ian Hesketh and Cary L. Cooper</i>	260
19	Occupational health and safety: in crisis, or in charge? <i>Renae Hayward and John Durkin</i>	275
20	Stress in Australian universities: initiatives to enhance well-being <i>Silvia Pignata</i>	294
	<i>Index</i>	309